



Debriefing Sheet

Structured and guided reflection based on “3D Model of Debriefing”:

- Defusing: to allow learners to “vent” emotions. To recap and clarify what happened during the scenario. To conduct a needs analysis of objectives important to the learner.
- Discovering: to analyse and evaluate performance through reflection. To discover mental models or rationale for specific behaviours through inquiry. To identify gaps/matches between existing and targeted mental models.
- Deepening: to apply lessons from simulations and make connections to clinical practice.
- Summary: to review what was learned throughout the session.

Zigmont JJ, Kappus LJ, Sudikoff SN. (2011) The 3D Model of Debriefing: Defusing, Discovering, and Deepening.
Seminars in Perinatology 35:52-58

Key questions

The scenario is over, your role as an actor has ended; thank you all for participating in the scenario, your collaboration has been fundamental.

Descriptive phase:

1. How are you feeling now?
2. What were the positive actions? What went well?
3. Have you ever been in the same situation?

Analyzing phase:

4. What do you think could be improved?
5. Would you do something differently?
6. Which implications could this scenario have on clinical practice?

Take home message:

7. What did you learn from this scenario?

Please remember to maintain confidentiality on the topics of this scenario to not spoil other learners' future learning opportunities





Thank you again for your precious cooperation!



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